

(Adult) WAIVER & RELEASE OF LIABILITY & ASSUMPTION OF RISK

In consideration of being allowed to participate in any way in any Valley Stream Roller Hockey or VSRHL ("Activity"), I agree and acknowledge:

1. I understand the nature of Valley Stream Roller Hockey and VSRHL Activities and acknowledge my experience and capabilities and believe I am qualified to participate in such Activity. I further acknowledge that I am aware that the activity will be conducted in facilities open to the public during the Activity. I further agree and warrant and will instruct that if, at any time, I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

2. I FULLY UNDERSTAND that (a) Valley Stream Roller Hockey and VSRHL Activities involve risks and dangers of SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions, or inaction's, the actions or inaction's of others participating in the Activity, the condition in which the Activity takes place or THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (c) there may be other risks and social and economic loses either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES incurred as a result of my participation in the Activity.

3. I HEREBY RELEASE, DISCHARGE, COVENANT NOT TO SUE, AND AGREE TO HOLD HARMLESS Valley Stream Roller Hockey and VSRHL, their respective administrators, directors, members, agents, officers, officials, volunteers, and employees, and other participants, any sponsors, advertisers, and if applicable, owners and lessors of the premises on which the Activity takes place (each considered one of the "Releasees" herein) from all liability, claims, demands, loses, or damages on account caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations and further agree that if, despite the release I, or anyone on my behalf makes a claim against any of the releasees named above, I WILL INDEMNIFY, SAVE AND HOLD HARMLESS EACH OF THE RELEASEES FROM ANY LITIGATION EXPENSES, ATTORNEY FEES, LOSS LIABILITY, DAMAGE OR COST AS MAY INCUR AS THE RESULT OF ANY SUCH CLAIM.

4. I also irrevocably authorize Valley Stream Roller Hockey and or VSRHL and any licensee or assignee to use my name and or likeness, without compensation, in photography, video or any other format for publication, sale, production, advertising in connection therewith, or any other use.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTANDING IT'S TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY THE LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THAT THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

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| Printed Name of Participant | Signature of Participant | Date |
| Street Address _____ | City _____ | State _____ |
| Zip _____ | Email Address _____ | Phone# _____ |
| TEAM NAME _____ | Team Division _____ | |

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| Printed Name of Parent/Guardian (if Participant is under the age of 18) | Signature of Parent/Guardian | Date |
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